

FULL LENGTH

Dr. Kim Hires is on a mission to help Leaders remove the armor of their professional roles and strengthen the person within. A survivor of Leadership Burnout, Dr. Kim understands the pressures of leadership. Known for her comprehensive coaching style, Dr. Kim helps Leaders realign their passion, purpose, resources and performance to create lives they do not burn out from. Whether working with clients 1:1 or in groups, on her weekly podcast or wrapping up audiences in her storytelling and infectious energy from the stage, Hires wants every leader to get across the finish line Whole.

With a promising future and successful career in research and higher education, Dr. Kim found herself planning her own suicide. Years as an overachiever who could perform no matter what finally caught up to her. On paper, life looked grand. In real life she walked around barely clutching to the fraction of herself that remained. Her entire identity was so wrapped up in what she did that she genuinely lost sight of who she was. The freedom she thought success would earn her did not exist. She was stuck, in debt and felt like an absolute failure. Six months of therapy, six months of coaching plus three solid years of self-work and she is grateful to be on the other side. For the last few years, Dr. Kim has worked with leaders across industries and all over the world to overcome leadership burnout, clarify their purpose, reignite their passion and perform better than ever before.

As the CEO and Founder of The Nightingale Firm, LLC, Hires specializes in leader development training, and alignment coaching and consulting for mid to senior level leaders. Her books, courses and unique approach helps leaders rise to incredible levels in life and business. Trained by the prolific leadership expert, John Maxwell and his team, she is a Certified Coach, Professional Speaker, author and podcast host. As Kimberly A. Hires, PhD, RN, her professional career includes degrees and experiences from some of the top institutions in the US including Johns Hopkins University, the National Institutes of Health, and the University of Miami. With an international portfolio of clients, Dr. Kim knows how to connect with people. In addition to her entrepreneurial endeavors, Dr. Kim is also a wife and mother. She lives in Atlanta, Georgia with her husband and son.

SHORT LENGTH

It took Dr. Kim hitting rock bottom and planning her own suicide before she finally realized that who she is will always be more important than what she did for a living. Six months of therapy, six months of coaching plus three solid years of self-work and she is grateful to be on the other side. For the last few years, Dr. Kim has worked with leaders across industries and all over the world to overcome leadership burnout, clarify their purpose, reignite their passion and perform better than ever before.

Leveraging her personal experiences with her professional training and comprehensive coaching style, she helps Leaders realign their passion, purpose, resources and performance to create lives they do not burn out from. Whether working with clients 1:1 or in groups, on her weekly podcast or wrapping up audiences in her storytelling and infectious energy from the stage, Hires wants every leader to get across the finish line Whole.

BLURB

Crashing head-first into Leadership Burnout was the wake-up call Dr. Kim needed to take a step back and realign her passion, purpose, resources and performance. She helps Leaders remember that who they are is far more important than what they do. This approach helps them to truly unlock their leadership potential, create lives they do not burn out from and reach new levels in life and leadership.